

WHAT BREAKS THE FAST?

A brief look at some of the things that can break your fast.
Learn what breaks your fast so that you do not fall into error, insha Allah.

Intentional eating and drinking

Intentional vomiting

Menstruation

Nutritional feeding from other than the mouth

Bleeding after Childbirth

Taking medicines and pills by mouth, or injection¹

Anyone who eats and drinks deliberately during the day in Ramadaan with no valid excuse has committed a grave major sin (kabeerah), and has to repent and make up for that fast later on. If he broke the fast with something haraam, such as drinking alcohol, this makes his sin even worse. Whatever the case, he has to repent sincerely and do more naafil deeds, fasting and other acts of worship, so as to avoid having any shortfall in his record of obligatory deeds, and so that Allaah might accept his repentance.
(www.islamway.com)

What if I accidentally ate or drank something?

If he forgets, and eats and drinks, then let him complete his fast, for Allaah has fed him and given him to drink. (Reported by al-Bukhaari, Fath, no. 1933). According to another report, He does not have to make the fast up later or offer expiation (kafaarah).
(www.islamway.com)

"Other things that can break the fast are only considered to do so if the following three conditions apply:

1. if a person knows that it breaks the fast and is not ignorant;
2. if he is aware of what he is doing and has not forgotten that he is fasting;
3. if he does it of his own free will and is not forced to do it."
(www.islamway.com)

¹Injections that are not given to replace food and drink but are used to administer medications such as penicillin and insulin, or tonics, or vaccinations, do not break the fast, regardless of whether they are intra-muscular or intravenous. (Fataawa Ibn Ibraaheem, 4/189). But to be on the safe side, all these injections should be given during the night.
(www.islamway.com)