



# The Ramadan Daily Journal

Ramadan 22, \_\_\_\_\_

Date: \_\_\_\_\_, \_\_\_\_\_, رمضان ٢٢

## In This Issue

- What I Had for Suhoor
- What I Had for Iftar
- Any Medical Problems
- Journal Activity

Taqabbala Allahu minnaa wa minkum

May Allah accept it from you and us.

(The Eid Greeting)

### Ibadah Checklist

- Prayed Salat ul Fajr
- Prayed Salat ul Dhuhur
- Prayed Salat ul Asr
- Prayed Salat ul Maghrib
- Prayed Salat ul Isha
- Prayed Taraweeh Today
- # of Taraweeh rakah prayed: \_\_\_\_\_
- Read Quraan Today:

Notes:

## A Quick Look At My Day

What I Had for Suhoor  
(Draw or Write)

What I Had for Iftar, to break my fast  
(Draw or Write)

Any Medical Problems I Had Today

Good Deeds I Did Today

## Activity

Are you usually rushed when preparing for Eid? Do you start in advance? How far in advance do you usually start? What are some of the things that you usually need more time to prepare for?

Do you plan on having guests for Eid? Are you planning a special meal for Eid? What types of activities do you usually do for Eid? What types of activities would you like to do for Eid?

